



### Athletic Restart Training and Protocol Awareness Acknowledgement

<b>Name</b>		<b>Sport(s)</b>	
<b>School</b>		<b>Training Date</b>	

Initials	Item
	I understand all participants must be screened daily. Only those cleared by screening will be allowed to participate. Any individual not meeting minimum criteria, including temperature check, must not be allowed to go beyond the screening area.
	I understand that no student will be permitted to participate until a parent and the student sign the release acknowledging risk and waiving liability.
	I understand that safe distancing of 6 feet must be maintained at all times, even during workouts.
	I understand that individuals cannot share personal or team equipment.
	I understand the maximum number of individuals permitted at each venue is twenty-five (25). This includes everyone - students, coaches, managers, parent volunteers, etc. To help ensure compliance, spectators are not permitted.
	I understand students will be assigned to small groups (pods) of no more than ten (10). Once assigned, the student must remain in the same pod and must have no close interaction with individuals not in their pod.
	I understand all equipment used in any workout must be thoroughly cleaned/sanitized immediately following the workout and before it can be used again.
	I understand individuals must not be permitted to congregate before, during, or after workouts.
	I understand restrooms must be sanitized between each workout session.
	I understand individuals cannot share water bottles and use of community watering systems such as fountains, troughs, and caddies is not permitted.
	I understand physical contact increases the chance of transmission and must be avoided. (No handshakes, hugs, fist bumps, high fives, etc. can be permitted.)
	I understand that if I am not feeling well, have COVID-19 symptoms, have a fever, or have been around someone diagnosed with COVID-19, I should not attend or otherwise participate in workouts.
	I understand students must not be permitted to enter school buildings during phase I except for restroom use and/or medical emergency requiring access to the athletic training room.
	I understand I am expected to wear a face covering at all times while participating in and/or leading any team activity. I must also wear it at other times on campus when safe distancing is not possible.

By signing below, I acknowledge that I have been trained in protocols established by the NCHSAA and GCS for the restart of high school athletics. Failure to follow these protocols may endanger students or other staff and can result in disciplinary action against me, up to and including dismissal.

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Signature

\_\_\_\_\_  
Date